

# NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

## DIRECTORY OF LACTATION CONSULTANTS

If there are no listings for your area please phone us on (0800) 452 282



### Northland

### Auckland

#### **Alix Bradley**

Area Covered: Rodney and North Shore

Phone: 021 028 32453 (Work)

Website:

Service Offered: Home Visits

Cost Service: To be determined

Working Hours: Afternoons

#### **Barbara Brinsdon**

Area Covered: North Shore

Phone: 021 629 400 (Mobile) 09 473 0294 (Work)

Website: [www.motherwisematernity.co.nz](http://www.motherwisematernity.co.nz)

Service Offered: Phone / Home and Clinic visits

Cost Service: \$60.00 per hour

Working Hours: Monday - Friday

#### **Trish Ebery (Warder)**

Area Covered: Auckland wide

Phone: 021 445 121 (Mobile) 021 445 121 (Work)

Website: [www.breastfeedingsupport.co.nz](http://www.breastfeedingsupport.co.nz)

Service Offered: Early parenting support for breastfeeding, sleep, settling advise. Electric breast pump hire and purchase. Available as a postnatal midwife in Auckland.

Cost Service: Clinic visits \$125.00, follow-ups at a reduced price. Home visits available.

Working Hours: 7 days 8am - 6pm

#### **Val Furness**

Area Covered: Auckland East

Phone: 027 393 4999 (Mobile) 09 534 6063 (Work) 09 536 6866 (Home)

Website:

Service Offered: Phone consultations, Home and clinic visits

Cost Service: Variable and negotiable

Working Hours:

# NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

## DIRECTORY OF LACTATION CONSULTANTS



If there are no listings for your area please phone us on (0800) 452 282

### **Claire Hotchin**

Area Covered: Auckland / Eastern Suburbs  
Phone: 09 575 1304 (Work)  
Website:  
Service Offered: Private Practice / Home visits  
Cost Service: \$125.00 per visit  
Working Hours: Monday to Friday 9am – 5pm

### **Yvonne LeFort**

Area Covered: Greater Auckland or throughout New Zealand on request  
Phone:  
Website:  
Service Offered: Tongue tie assessment treatment and any breastfeeding problems, any age  
Cost Service: 175  
Working Hours: Most days

### **Catherine McCormick**

Area Covered: Central and West Auckland  
Phone: 021 337 949 (Home)  
Website: [www.holisticbaby.co.nz](http://www.holisticbaby.co.nz)  
Service Offered: Phone consultations, Clinic and Home visits  
Cost Service: \$80 clinic visit, \$150 home Visit  
Working Hours: Flexible

### **Robyn McMillan**

Area Covered: North Shore  
Phone: 027 482 0564 (Mobile)  
Website:  
Service Offered: Phone consults  
Cost Service: Free  
Working Hours: Monday – Sunday

### **Kay Parish**

Area Covered: West Auckland  
Phone: 021 173 7755 (Mobile)  
Website:  
Service Offered: Home visits  
Cost Service: Flexible  
Working Hours: 7 days

# NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

## DIRECTORY OF LACTATION CONSULTANTS



If there are no listings for your area please phone us on (0800) 452 282

### **Gerry (Geraldine) Smith**

Area Covered: West & Central Auckland

Phone: 021 022 47442 (Mobile)

Website:

Service Offered:

Cost Service:

Working Hours: Phone to arrange

### **Barbara Taunton-Clark**

Area Covered: Auckland Central

Phone: 09 374 0800 (Work)

Website:

Service Offered: Clinic Visits

Cost Service: \$65-\$80 per visit

Working Hours: Tuesdays

### **Theresa Yoroshevich**

Area Covered: North Shore, Hibiscus Coast

Phone: 021 944 373 (Mobile)

Website:

Service Offered: Home Visits & Phone consults

Cost Service: \$120.00 / 2 hour home visit

Working Hours:

### **Sandica Zorzoliu**

Area Covered: Howick, Botany, Pakuranga, Cockle Bay, Flat Bush

Phone: 021 1269921 (Mobile) 09 535 4952 (Work)

Website:

Service Offered: Home Visits & Phone

Cost Service: 50

Working Hours: Negotiable

# NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

## DIRECTORY OF LACTATION CONSULTANTS

If there are no listings for your area please phone us on (0800) 452 282



### Waikato

#### **Alys Brown**

Area Covered: Waikato / Hamilton

Phone: 022 340 0123 (Mobile) 07 839 6374 (Work) 07 839 6374 (Home)

Website:

Service Offered: Clinic visits

Cost Service: \$60 for 30-45 mins includes treatment

Working Hours: Fridays fortnightly 3 – 5pm

#### **Wendy Pennell**

Area Covered: Hauraki District

Phone: 022 087 9698 (Mobile) 07 280 3587 (Home)

Website:

Service Offered: Phone / Clinic / Home

Cost Service: \$60.00 plus travel costs

Working Hours: 7 days - 8am - 5pm

#### **Sheridan Till**

Area Covered: Waikato

Phone: 021 179 0862 (Mobile) 07 839 6773 (Home)

Website:

Service Offered: Home visits

Cost Service: \$60.00 plus travel costs

Working Hours: Monday to Friday 9.30am – 4.00 pm

### Bay of Plenty

#### **Trudy Hart**

Area Covered: Bay of Plenty

Phone: 021 025 66491 (Mobile) 07 549 5644 (Work)

Website:

Service Offered: Private / Phone / Clinic / Home visits

Cost Service: As appropriate to input, around \$50 / consultation

Working Hours: 24 / 7

# NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

## DIRECTORY OF LACTATION CONSULTANTS



If there are no listings for your area please phone us on (0800) 452 282

### **Karen Palmer**

Area Covered: Tauranga & surrounding area  
Phone: 027 771 1759 (Mobile) 07 579 8095 (Work)  
Website:  
Service Offered: Clinic / Phone consults  
Cost Service: Free – publicly funded  
Working Hours: Monday to Friday 9am - 5pm

### **Shauna Walters**

Area Covered:  
Phone: 021 508 368 (Mobile) 07 570 6106 (Work) 07 544 6940 (Home)  
Website:  
Service Offered:  
Cost Service:  
Working Hours:

### **Amy Wray**

Area Covered: Rotorua  
Phone: 027 403 8191 (Home)  
Website:  
Service Offered: Antenatal and Post natal  
Cost Service: Free  
Working Hours: Monday to Friday 8am - 5pm

## **Taranaki**

### **Anne Cullen**

Area Covered: Taranaki  
Phone: 027 545 7761 (Mobile)  
Website: [www.thenurturecentre.nz](http://www.thenurturecentre.nz)  
Service Offered: Home visits & phone consultations  
Cost Service: \$85 initial visit, \$30 subsequent visits  
Working Hours: Monday to Friday 9am - 3pm or by arrangement

# NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

## DIRECTORY OF LACTATION CONSULTANTS

If there are no listings for your area please phone us on (0800) 452 282



### Hawkes Bay

#### **Liz Banks**

Area Covered: Hawkes Bay

Phone: 027 769 1602 (Mobile) 06 878 8109 (Work)

Website:

Service Offered: Employed Phone / Clinic Visits

Cost Service: Free

Working Hours: 8.30am - 4.30pm

### Whanganui

#### **Margaret Colway**

Area Covered: Wanganui

Phone: 021 246 8302 (Mobile) 06 348 3253 (Work)

Website:

Service Offered: Clinic visits & phone consults

Cost Service: Free

Working Hours: Monday to Friday 8am – 4:30pm. Clinics Monday 1 - 4pm & Thurs 10:30am – 1pm.

### Manawatu

#### **Jaqueline Nutt**

Area Covered: Manawatu / Tararua / Horowhenua

Phone: 022 528 2466 (Mobile)

Website: [www.communitybirthservices.org.nz](http://www.communitybirthservices.org.nz)

Service Offered: Phone, clinic, home visits

Cost Service: Free

Working Hours: Mon - Friday 9am to 4pm

#### **Petra Samland**

Area Covered: Manawatu

Phone: 027 355 3222 (Mobile)

Website: [www.panaceahealth.co.nz](http://www.panaceahealth.co.nz)

Service Offered: Full Lactation services - Antenatal & Postnatal, Phone, Home visits & clinic

Cost Service: Negotiable

Working Hours: Flexible

# NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

## DIRECTORY OF LACTATION CONSULTANTS



If there are no listings for your area please phone us on (0800) 452 282

### **Jackie Wheeler**

Area Covered: Manawatu

Phone: 027 368 5222 (Mobile)

Website:

Service Offered: Phone, Clinic and Home Visits

Cost Service: \$70 first visit \$40 follow up

Working Hours: Anytime

## Wellington / Wairarapa

### **Cherry-Anne Lee**

Area Covered: Tararua District, Dannevirke, Akitio, Woodville, Pahiatua, Pongaroa, Eketahuna

Phone: 027 848 7600 (Mobile) 06 3743448 (Home)

Website: [www.tbam.co.nz](http://www.tbam.co.nz)

Service Offered: Home, Phone, Clinic AN & PN education and treatment.

Cost Service: \$115 / hour incl 1 follow up phone consultation. Travel costs if outside Dannevirke to Akitio

Working Hours: Monday & Tuesday 9.30am - 2.30pm, Friday 9am - 2pm Phone Monday to Friday 9am to 5pm

### **Mary-Clare McCarthy**

Area Covered: Wellington / Hutt & Kapiti

Phone: 021 973 129 (Mobile)

Website: [www.breastfeed.co.nz](http://www.breastfeed.co.nz)

Service Offered: Private / Home visits

Cost Service: Contact Mary for charges

Working Hours: Monday - Friday 8:30am - 5.30pm

## Nelson / Marlborough

### **Celia Butler**

Area Covered: Tasman

Phone: 021 185 2075 (Mobile)

Website:

Service Offered: Phone

Cost Service:

Working Hours: Anytime

# NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

## DIRECTORY OF LACTATION CONSULTANTS



If there are no listings for your area please phone us on (0800) 452 282

### **Debra Hardcastle**

Area Covered: Nelson / Tasman

Phone: 022 326 3146 (Mobile)

Website: [www.debrahardcastle.nz](http://www.debrahardcastle.nz)

Service Offered: Home visits

Cost Service: \$80 consultation (plus travel time where applicable)

Working Hours: By arrangement

### **Jackie Martin**

Area Covered: Marlborough

Phone: 027 351 6628 (Mobile)

Website:

Service Offered: Phone / Clinic

Cost Service: Free through NMDHB & Plunket

Working Hours: Ring to arrange

## West Coast

### **Raewyn Johnson**

Area Covered: Westcoast

Phone: 027 288 0269 (Mobile) 027 288 0269 (Work)

Website:

Service Offered: Phone / Clinic / Home

Cost Service: Free

Working Hours: Monday - Thursday

## Canterbury

### **Pauline Hole**

Area Covered: South & Mid Canterbury / North Otago

Phone: 021 357 023 (Mobile) 027 491 0865 (Work) 03 615 8357 (Home)

Website:

Service Offered: Private / Public Clinic / Phone / Home Visits

Cost Service: No cost

Working Hours: Monday to Friday 8am to 4.30pm. Weekend telephone consults only



# NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

## DIRECTORY OF LACTATION CONSULTANTS

If there are no listings for your area please phone us on (0800) 452 282



### Otago

#### **Donna Dalzell**

Area Covered: Dunedin

Phone: 027 2437 350 (Mobile)

Website:

Service Offered:

Cost Service: \$80 initial consult, \$50 follow up appointments.

Working Hours: On enquiry

#### **Stefanie Kalmakoff**

Area Covered: Dunedin

Phone: 027 330 5503 (Mobile)

Website:

Service Offered: Phone consults

Cost Service: Enquire

Working Hours: Enquire

#### **Carrie van Rij**

Area Covered: Dunedin

Phone: 021 021 81144 (Mobile)

Website: [www.nourishbaby.co.nz](http://www.nourishbaby.co.nz)

Service Offered: Home visits

Cost Service: \$100 first hour, \$60 / hour thereafter

Working Hours: Phone to arrange