

NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

DIRECTORY OF LACTATION CONSULTANTS

If there are no listings for your area please phone us on (0800) 452 282



Northland

Auckland

Alix Bradley

Area Covered: RODNEY and North Shore

Phone: 021 028 32453 (Work)

Website:

Service Offered: Home Visits

Cost Service: To be determined

Working Hours: Afternoons

Barbara Brinsdon

Area Covered: North Shore

Phone: 021 629 400 (Mobile) 09 473 0294 (Work)

Website: www.motherwisematernity.co.nz

Service Offered: Phone / Home and Clinic visits

Cost Service: \$60.00 per hour

Working Hours: Mon - Fri

Trish Ebery (Warder)

Area Covered: Auckland Wide

Phone: 021 445 121 (Mobile) 021 445 121 (Work)

Website: www.breastfeedingsupport.co.nz

Service Offered: Early parenting support for breastfeeding, sleep, settling advise. Electric breast pump hire and purchase. Available as a postnatal midwife in Auckland.

Cost Service: Clinic visits \$125.00, follow-ups at a reduced price. Home visits available.

Working Hours: 7 days 8am - 6pm

Val Furness

Area Covered: Auckland East

Phone: 027 393 4999 (Mobile) 09 534 6063 (Work) 09 536 6866 (Home)

Website:

Service Offered: Phone consultations, Home and clinic visits

Cost Service: Variable and negotiable

Working Hours:

NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

DIRECTORY OF LACTATION CONSULTANTS



If there are no listings for your area please phone us on (0800) 452 282

Claire Hotchin

Area Covered: Auckland / Eastern Suburbs
Phone: 09 575 1304 (Work)
Website:
Service Offered: Private Practice / Home visits
Cost Service: \$125.00 per visit
Working Hours: Monday – Friday 9 – 5

Yvonne LeFort

Area Covered: Greater Auckland or throughout New Zealand on request
Phone:
Website:
Service Offered: Tongue tie assessment treatment and any breastfeeding problems, any age
Cost Service: \$175
Working Hours: Most days

Catherine McCormick

Area Covered: Central and West Auckland
Phone: 021 337 949 (Home)
Website: www.holisticbaby.co.nz
Service Offered: phone consult, clinic and home visits
Cost Service: \$80 clinic visit, \$150 Home Visit
Working Hours: Flexible

Robyn McMillan

Area Covered: North Shore
Phone: 027 482 0564 (Mobile)
Website:
Service Offered: Phone consults
Cost Service: Free
Working Hours: Monday – Sunday

Kay Parish

Area Covered: West Auckland
Phone: 021 173 7755 (Mobile)
Website:
Service Offered: Home visits
Cost Service: Flexible
Working Hours: 7 days

NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

DIRECTORY OF LACTATION CONSULTANTS



If there are no listings for your area please phone us on (0800) 452 282

Gerry (Geraldine) Smith

Area Covered: West & Central Auckland

Phone: 021 022 47442 (Mobile)

Website:

Service Offered:

Cost Service:

Working Hours: phone to arrange

Barbara Taunton-Clark

Area Covered: Auckland Central

Phone: 09 374 0800 (Work)

Website:

Service Offered: Clinic Visits

Cost Service: \$65-\$80 per visit

Working Hours: Tuesdays

Theresa Yoroshevich

Area Covered: North Shore, Hibiscus Coast

Phone: 021 944 373 (Mobile)

Website:

Service Offered: Home Visits & Phone consults

Cost Service: \$120.00/ 2 hr home visit

Working Hours:

Sandica Zorzoliu

Area Covered: Howick, Botany, Pakuranga, Cockle Bay, Flat Bush

Phone: 021 1269921 (Mobile) 09 535 4952 (Work)

Website:

Service Offered: Home Visits & Phone

Cost Service: \$50

Working Hours: Negotiable

NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

DIRECTORY OF LACTATION CONSULTANTS

If there are no listings for your area please phone us on (0800) 452 282



Waikato

Alys Brown

Area Covered: Waikato / Hamilton

Phone: 022 340 0123 (Mobile) 07 839 6374 (Work) 07 839 6374 (Home)

Website:

Service Offered: Clinic visits

Cost Service: \$60 for 30-45 mins includes treatment

Working Hours: Fridays fortnightly 3 – 5pm

Wendy Pennell

Area Covered: Hauraki District

Phone: 022 087 9698 (Mobile) 07 280 3587 (Home)

Website:

Service Offered: Phone / Clinic / Home

Cost Service: \$60.00 plus travel costs

Working Hours: 7 days. 8am-5pm

Sheridan Till

Area Covered: Waikato

Phone: 021 179 0862 (Mobile) 07 839 6773 (Home)

Website:

Service Offered: Home visits

Cost Service: \$60.00 plus travel costs

Working Hours: Monday - Friday 9.30am – 4.00 pm

Bay of Plenty

Trudy Hart

Area Covered: Bay of Plenty

Phone: 021 025 66491 (Mobile) 07 549 5644 (Work)

Website:

Service Offered: Private / Phone / Clinic / Home visits

Cost Service: As appropriate to input, around \$50/consultation

Working Hours: 24 / 7

NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

DIRECTORY OF LACTATION CONSULTANTS



If there are no listings for your area please phone us on (0800) 452 282

Karen Palmer

Area Covered: Tauranga & Surrounding area

Phone: 027 771 1759 (Mobile) 07 579 8095 (Work)

Website:

Service Offered: Clinic / Phone consults

Cost Service: Free – Publicly funded

Working Hours: Monday-Friday 9am-5pm

Shauna Walters

Area Covered:

Phone: 021 508 368 (Mobile) 07 570 6106 (Work) 07 544 6940 (Home)

Website:

Service Offered:

Cost Service:

Working Hours:

Sue Wells

Area Covered: Rotorua

Phone: 027 274 4006 (Mobile)

Website:

Service Offered: Home visits, Lactation, Introduction solids, sleep

Cost Service: \$100 initial visit, \$75 follow up

Working Hours: Any time

Amy Wray

Area Covered: Rotorua

Phone: 027 403 8191 (Home)

Website:

Service Offered: Antenatal and Post natal

Cost Service: Free

Working Hours: Mon to Friday 8 -5pm

NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

DIRECTORY OF LACTATION CONSULTANTS

If there are no listings for your area please phone us on (0800) 452 282



Hawkes Bay

Liz Banks

Area Covered: Hawkes Bay

Phone: 027 769 1602 (Mobile) 06 878 8109 (Work)

Website:

Service Offered: Employed Phone / Clinic Visits

Cost Service: Free

Working Hours: 8.30am - 4.30pm

De Nicholls

Area Covered: Hawkes Bay

Phone: 027 47 13320 (Mobile) 06 8788190 ext 6099 (Work)

Website:

Service Offered:

Cost Service:

Working Hours:

Taranaki

Anne Cullen

Area Covered: Taranaki and on line.

Phone: 027 545 7761 (Mobile)

Website: www.iamannecullen.com

Service Offered: Breastfeeding consultations online, in clinic and in home

Cost Service: \$100 initial visit, \$40 subsequent visits

Working Hours: Mon-Frid 9-3pm or by arrangement

NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

DIRECTORY OF LACTATION CONSULTANTS

If there are no listings for your area please phone us on (0800) 452 282



Manawatu

Jaqueline Nutt

Area Covered: Manawatu/Tararua/Horowhenua

Phone: 022 528 2466 (Mobile)

Website: www.communitybirthservices.org.nz

Service Offered: Phone, clinic, home visits

Cost Service: Free

Working Hours: Mon - Friday 9am to 4pm

Petra Samland

Area Covered: Manawatu

Phone: 027 355 3222 (Mobile)

Website: www.panaceahealth.co.nz

Service Offered: Full Lactation services, Antenatal & Postnatal. Phone Home visits & Clinic

Cost Service: Negotiable

Working Hours: Flexible

Jackie Wheeler

Area Covered: Manawatu

Phone: 027 368 5222 (Mobile)

Website:

Service Offered: Phone, Clinic and Home Visits

Cost Service: \$70 first visit \$40 follow up

Working Hours: Anytime

Whanganui

Margaret Colway

Area Covered: Wanganui

Phone: 021 246 8302 (Mobile) 06 348 3253 (Work)

Website:

Service Offered: Clinic visits & phone consults

Cost Service: Free

Working Hours: Monday - Friday 8am – 4:30pm. Clinics Mon 1- 4pm & Thurs 10:30am – 1pm.

NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

DIRECTORY OF LACTATION CONSULTANTS

If there are no listings for your area please phone us on (0800) 452 282



Wellington / Wairarapa

Cherry-Anne Lee

Area Covered: Tararua District, Dannevirke, Akitio, Woodville, Pahiatua, Pongaroa, Eketahuna

Phone: 027 848 7600 (Mobile) 06 3743448 (Home)

Website: www.tbam.co.nz

Service Offered: Home, phone, Clinic AN &PN education and treatment.

Cost Service: \$115/hr, incl. 1 follow up ph consultation. Travel costs if outside Dannevirke to Akitio

Working Hours: Mon & Tues 9.30-2.30, Fri 9.03 - 2pm Ph Mon to Fri 9am to 5pm

Mary-Clare McCarthy

Area Covered: Wellington / Hutt & Kapiti

Phone: 021 973 129 (Mobile)

Website: www.breastfeed.co.nz

Service Offered: Private / Home visits

Cost Service: Contact Mary for charges

Working Hours: Monday - Friday 8:30am - 5.30pm

Nelson / Marlborough

Celia Butler

Area Covered: Tasman

Phone: 021 185 2075 (Mobile)

Website:

Service Offered: Phone

Cost Service:

Working Hours: Anytime

Debra Hardcastle

Area Covered: Nelson / Tasman

Phone: 022 326 3146 (Mobile)

Website: DebraHardcastle.nz

Service Offered: Home visits

Cost Service: \$80 consultation (plus travel time where applicable)

Working Hours: by arrangement

NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

DIRECTORY OF LACTATION CONSULTANTS



If there are no listings for your area please phone us on (0800) 452 282

Jackie Martin

Area Covered: Marlborough

Phone: 027 351 6628 (Mobile)

Website:

Service Offered: Phone / Clinic

Cost Service: Free through NMDHB & Plunket

Working Hours: Ring to arrange

West Coast

Raewyn Johnson

Area Covered: Westcoast

Phone: 027 288 0269 (Mobile) 027 288 0269 (Work)

Website:

Service Offered: Phone / Clinic / Home

Cost Service: Free

Working Hours: Monday-Thursday

Canterbury

Pauline Hole

Area Covered: South / Mid Canterbury / North Otago

Phone: 021 357 023 (Mobile) 027 491 0865 (Work) 03 615 8357 (Home)

Website:

Service Offered: Private / Public Clinic / Phone / Home Visits

Cost Service: No cost

Working Hours: Monday to Friday 8am to 1630 Weekend telephone consults only

Otago

Donna Dalzell

Area Covered: Dunedin

Phone: 027 2437 350 (Mobile)

Website:

Service Offered:

Cost Service: \$80 initial consult \$50 follow up appts.

Working Hours: On enquiry

NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

DIRECTORY OF LACTATION CONSULTANTS

If there are no listings for your area please phone us on (0800) 452 282



Stefanie Kalmakoff

Area Covered: Dunedin

Phone: 027 330 5503 (Mobile)

Website:

Service Offered: Phone consults

Cost Service: Enquires

Working Hours: Enquire

Carrie van Rij

Area Covered: Dunedin

Phone: 021 021 81144 (Mobile)

Website: www.nourishbaby.co.nz

Service Offered: Home visits

Cost Service: \$100 first hour \$60/hour thereafter

Working Hours: Phone to arrange