

NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

DIRECTORY OF LACTATION CONSULTANTS

If there are no listings for your area please phone us on (0800) 452 282



Northland

Auckland

Alix Bradley

Area Covered: Rodney and North Shore

Phone: 021 028 32453 (Work)

Website:

Service Offered: Home Visits

Cost Service: To be determined

Working Hours: Afternoons

Barbara Brinsdon

Area Covered: North Shore

Phone: 021 629 400 (Mobile) 09 473 0294 (Work)

Website: www.motherwisematernity.co.nz

Service Offered: Phone / Home and Clinic visits

Cost Service: \$60.00 per hour

Working Hours: Monday - Friday

Trish Ebery (Warder)

Area Covered: Auckland Wide

Phone: 021 445 121 (Mobile) 021 445 121 (Work)

Website: www.breastfeedingsupport.co.nz

Service Offered: Early parenting support for breastfeeding, sleep, settling advise. Electric breast pump hire and purchase. Available as a postnatal midwife in Auckland.

Cost Service: Clinic visits \$125.00, follow-ups at a reduced price. Home visits available.

Working Hours: 7 days 8am - 6pm

Val Furness

Area Covered: Auckland East

Phone: 027 393 4999 (Mobile) 09 534 6063 (Work) 09 536 6866 (Home)

Website:

Service Offered: Phone consultations, Home and clinic visits

Cost Service: Variable and negotiable

Working Hours:

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Claire Hotchin

Area Covered: Auckland / Eastern Suburbs
Phone: 09 575 1304 (Work)
Website:
Service Offered: Private Practice / Home visits
Cost Service: \$125.00 per visit
Working Hours: Monday – Friday 9 – 5

Yvonne LeFort

Area Covered: Greater Auckland or throughout New Zealand on request
Phone:
Website:
Service Offered: Tongue tie assessment treatment and any breastfeeding problems, any age
Cost Service: \$175
Working Hours: Most days

Catherine McCormick

Area Covered: Central and West Auckland
Phone: 021 337 949 (Home)
Website: www.holisticbaby.co.nz
Service Offered: phone consult, clinic and home visits
Cost Service: \$80 clinic visit, \$150 Home Visit
Working Hours: Flexible

Robyn McMillan

Area Covered: North Shore
Phone: 027 482 0564 (Mobile)
Website:
Service Offered: Phone consults
Cost Service: Free
Working Hours: Monday – Sunday

Kay Parish

Area Covered: West Auckland
Phone: 021 173 7755 (Mobile)
Website:
Service Offered: Home Visits
Cost Service: Flexible
Working Hours: 7 days

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Gerry (Geraldine) Smith

Area Covered: West & Ccentral Auckland

Phone: 021 022 47442 (Mobile)

Website:

Service Offered:

Cost Service:

Working Hours: Phone to arrange

Barbara Taunton-Clark

Area Covered: Auckland Central

Phone: 09 374 0800 (Work)

Website:

Service Offered: Clinic Visits

Cost Service: \$65-\$80 per visit

Working Hours: Tuesdays

Theresa Yoroshevich

Area Covered: North Shore, Hibiscus Coast

Phone: 021 944 373 (Mobile)

Website:

Service Offered: Home Visits & Phone consults

Cost Service: \$120.00/ 2 hr home visit

Working Hours:

Sandica Zorzoliu

Area Covered: Howick, Botany, Pakuranga, Cockle Bay, Flat Bush

Phone: 021 1269921 (Mobile) 09 535 4952 (Work)

Website:

Service Offered: Home Visits & Phone

Cost Service: \$50

Working Hours: Negotiable

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Waikato

Alys Brown

Area Covered: Waikato / Hamilton

Phone: 022 340 0123 (Mobile) 07 839 6374 (Work) 07 839 6374 (Home)

Website:

Service Offered: Clinic Visits

Cost Service: \$60 for 30-45 mins includes treatment

Working Hours: Fridays fortnightly 3 – 5pm

Wendy Pennell

Area Covered: Hauraki District

Phone: 022 087 9698 (Mobile) 07 280 3587 (Home)

Website:

Service Offered: Phone / Clinic / Home

Cost Service: \$60.00 plus travel costs

Working Hours: 7 days 8am - 5pm

Sheridan Till

Area Covered: Waikato

Phone: 021 179 0862 (Mobile) 07 839 6773 (Home)

Website:

Service Offered: Home Visits

Cost Service: \$60.00 plus travel costs

Working Hours: Monday - Friday 9.30am – 4.00 pm

Bay of Plenty

Trudy Hart

Area Covered: Bay of Plenty

Phone: 021 025 66491 (Mobile) 07 549 5644 (Work)

Website:

Service Offered: Private / Phone / Clinic / Home Visits

Cost Service: As appropriate to input, around \$50/consultation

Working Hours: 24 / 7

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Karen Palmer

Area Covered: Tauranga & Surrounding area

Phone: 027 771 1759 (Mobile) 07 579 8095 (Work)

Website:

Service Offered: Clinic / Phone consults

Cost Service: Free – Publicly funded

Working Hours: Monday-Friday 9am-5pm

Petra Samland

Area Covered: Manawatu

Phone: 027 355 3222 (Mobile)

Website: www.panaceahealth.co.nz

Service Offered: Full Lactation services, Antenatal & Postnatal, Phone, Home visits & Clinic

Cost Service: Negotiable

Working Hours: Flexible

Shauna Walters

Area Covered:

Phone: 021 508368 (Mobile) 07 570 6106 (Work) 07 544 6940 (Home)

Website:

Service Offered:

Cost Service:

Working Hours:

Amy Wray

Area Covered: Rotorua

Phone: 027 403 8191 (Home)

Website:

Service Offered: Antenatal and Post natal

Cost Service: Free

Working Hours: Monday to Friday 8 -5pm

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Hawkes Bay

Margaret Colway

Area Covered: Wanganui

Phone: 021 246 8302 (Mobile) 06 348 3253 (Work)

Website:

Service Offered: Clinic visits & phone consults

Cost Service: Free

Working Hours: Monday - Friday 8am – 4.30pm, Clinics Mon 1- 4pm & Thurs 10.30am – 1pm.

Anne Cullen

Area Covered: Taranaki

Phone: 027 545 7761 (Mobile)

Website: www.thenurturecentre.nz

Service Offered: Home Visits & Phone consults

Cost Service: \$85 initial visit, \$30 subsequent visits

Working Hours: Monday -Friday 9am - 3pm (or by arrangement)

De Nicholls

Area Covered: Hawkes Bay

Phone: 027 47 13320 (Mobile) 06 8788190 ext 6099 (Work)

Website:

Service Offered:

Cost Service:

Working Hours:

Manawatu

Jaqueline Nutt

Area Covered: Manawatu / Tararua / Horowhenua

Phone: 022 528 2466 (Mobile)

Website: www.communitybirthservices.org.nz

Service Offered: Phone, clinic, home visits

Cost Service: Free

Working Hours: Mon - Friday 9am to 4pm

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Jackie Wheeler

Area Covered: Manawatu

Phone: 027 368 5222 (Mobile)

Website:

Service Offered: Phone, Clinic and Home Visits

Cost Service: \$70 first visit \$40 follow up

Working Hours: Anytime

Wellington / Wairarapa

Liz Banks

Area Covered: Hawkes Bay

Phone: 027 769 1602 (Mobile) 06 878 8109 (Work)

Website:

Service Offered: Employed Phone / Clinic Visits

Cost Service: Free

Working Hours: 8.30am - 4.30pm

Celia Butler

Area Covered: Tasman

Phone: 021 185 2075 (Mobile)

Website:

Service Offered: Phone

Cost Service:

Working Hours: Anytime

Debbie Fisher

Area Covered: Nelson / Tasman

Phone: 021 053 3600 (Mobile) 03 544 9876 (Home)

Website:

Service Offered: Home / Phone Consults

Cost Service: \$45 per hour

Working Hours: On enquiry

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Debra Hardcastle

Area Covered: Nelson / Tasman

Phone: 022 326 3146 (Mobile)

Website: DebraHardcastle.nz

Service Offered: Home visits

Cost Service: \$80 consultation (plus travel time where applicable)

Working Hours: By arrangement

Raewyn Johnson

Area Covered: Westcoast

Phone: 027 288 0269 (Mobile) 027 288 0269 (Work)

Website:

Service Offered: Phone / Clinic / Home

Cost Service: Free

Working Hours: Monday - Thursday

Cherry-Anne Lee

Area Covered: Tararua District, Dannevirke, Akitio, Woodville, Pahiatua, Pongaroa, Eketahuna

Phone: 027 848 7600 (Mobile) 06 3743448 (Home)

Website: www.tbam.co.nz

Service Offered: Home, Phone, Clinic AN & PN education and treatment.

Cost Service: \$115/hr, incl. 1 follow up ph consultation. Travel costs if outside Dannevirke to Akitio

Working Hours: Mon & Tues 9.30 - 2.30, Fri 9.30 - 2 (Phone Mon to Fri 9am to 5pm)

Jackie Martin

Area Covered: Marlborough

Phone: 027 351 6628 (Mobile)

Website:

Service Offered: Phone / Clinic

Cost Service: Free through NMDHB & Plunket

Working Hours: Ring to arrange

Mary-Clare McCarthy

Area Covered: Wellington / Hutt & Kapiti

Phone: 021 973 129 (Mobile)

Website: www.breastfeed.co.nz

Service Offered: Private / Home visits

Cost Service: Contact Mary for charges

Working Hours: Monday - Friday 8:30am - 5.30pm

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West Coast

Pauline Hole

Area Covered: South / Mid Canterbury / North Otago

Phone: 021 357 023 (Mobile) 027 491 0865 (Work) 03 615 8357 (Home)

Website:

Service Offered: Private / Public Clinic / Phone / Home Visits

Cost Service: No cost

Working Hours: Monday to Friday 8am to 4.30pm - Weekend telephone consults only

Canterbury

Stefanie Kalmakoff

Area Covered: Dunedin

Phone: 027 330 5503 (Mobile)

Website:

Service Offered: Phone consults

Cost Service: Enquires

Working Hours: Enquire

Otago

Donna Dalzell

Area Covered: Dunedin

Phone: 027 2437 350 (Mobile)

Website:

Service Offered:

Cost Service: \$80 initial consult \$50 follow up appts.

Working Hours: On enquiry

Carrie van Rij

Area Covered: Dunedin

Phone: 021 02181144 (Mobile)

Website: www.nourishbaby.co.nz

Service Offered: Home visits

Cost Service: \$100 first hour \$60/hour thereafter

Working Hours: Phone to arrange