

NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

DIRECTORY OF LACTATION CONSULTANTS

If there are no listings for your area please phone us on (0800) 452 282



Northland

Auckland

Gerry Smith

Area Covered: West & Central Auckland

Phone: 021 022 47442 (Mobile)

Website:

Service Offered:

Cost Service:

Working Hours: phone to arrange

Barbara Brinsdon

Area Covered: North Shore

Phone: 021 629 400 (Mobile) 09 473 0294 (Work)

Website: www.motherwisematernity.co.nz

Service Offered: Phone / Home and Clinic visits

Cost Service: \$60.00 per hour

Working Hours: Mon - Fri

Claire Hotchin

Area Covered: Auckland / Eastern Suburbs

Phone: 09 575 1304 (Work)

Website:

Service Offered: Private Practice / Home visits

Cost Service: \$125.00 per visit

Working Hours: Monday – Friday 9 – 5

Yvonne LeFort

Area Covered: Greater Auckland or throughout New Zealand on request

Phone:

Website:

Service Offered: Tongue tie assessment treatment and any breastfeeding problems, any age

Cost Service: \$175

Working Hours: Most days

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Robyn McMillan

Area Covered: North Shore
Phone: 027 482 0564 (Mobile)
Website:
Service Offered: Phone consults
Cost Service: Free
Working Hours: Monday – Sunday

Kay Parish

Area Covered: West Auckland
Phone: 021 173 7755 (Mobile)
Website:
Service Offered: Home visits
Cost Service: Flexible
Working Hours: 7 days

Barbara Taunton-Clark

Area Covered: Auckland Central
Phone: 09 374 0800 (Work)
Website:
Service Offered: Clinic Visits
Cost Service: \$65-\$80 per visit
Working Hours: Tuesdays

Trish Ebery (Warder)

Area Covered: Auckland Wide
Phone: 021 445 121 (Mobile) 021 445 121 (Work)
Website: www.breastfeedingsupport.co.nz
Service Offered: Early parenting support for breastfeeding, sleep, settling advise. Electric breast pump hire and purchase. Available as a postnatal midwife in Auckland.
Cost Service: Clinic visits \$125.00, follow-ups at a reduced price. Home visits available.
Working Hours: 7 days 8am - 6pm

Theresa Yoroshevich

Area Covered: North Shore , Hibiscus Coast
Phone: 021 944 373 (Mobile)
Website:
Service Offered: Home Visits & Phone consults
Cost Service: \$120.00/ 2 hr home visit
Working Hours:

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Lynne Welsh

Area Covered: South Auckland / Franklin

Phone: 021 295 2841 (Mobile) 09 238 6108 (Home)

Website:

Service Offered: Home Visits

Cost Service: \$120 1st visit / \$80 follow-up (includes travel within 10km radius of Pukekohe; additional travel charged at \$0.80 per km.)

Working Hours: Phone anytime to arrange appointment

June Nicholls

Area Covered: Hibiscus Coast

Phone: 021 410 089 (Mobile)

Website:

Service Offered: Home Visits

Cost Service: Consultation \$80 per hour.

Working Hours: Monday, Tuesday, Wednesday available after 4pm

Val Furness

Area Covered: Auckland East

Phone: 027 393 4999 (Mobile) 09 534 6063 (Work) 09 536 6866 (Home)

Website:

Service Offered: Phone consultations, Home and clinic visits

Cost Service: Variable and negotiable

Working Hours:

Barbara Fletcher

Area Covered: Auckland

Phone: 021 111 3681 (Mobile)

Website:

Service Offered: Clinic visits / Home visits / Phone consults

Cost Service: As negotiated

Working Hours: Available for consults other than 2 working days

Lynley Nicholls

Area Covered:

Phone: 021 159 8075 (Mobile) 021 159 8075 (Work) 09 623 3819 (Home)

Website:

Service Offered:

Cost Service:

Working Hours:

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Cherie Roberts

Area Covered: South Auckland / Franklin/North Waikato

Phone: 021 155 9370 (Mobile)

Website: www.facebook.com/CherieRobertsIBCLC/?fref+ts

Service Offered: phone consult and Home visits

Cost Service: \$100 initial consult \$80 follow up consult. Milage costs apply for travel outside of Pukekohe.

Working Hours: Anytime by arrangement

Waikato

Alys Brown

Area Covered: Waikato / Hamilton

Phone: 022 340 0123 (Mobile) 07 839 6374 (Work) 07 839 6374 (Home)

Website:

Service Offered: Clinic visits

Cost Service: \$60 for 30-45 mins includes treatment

Working Hours: Fridays fortnightly 3 – 5pm

Wendy Pennell

Area Covered: Hauraki District

Phone: 022 087 9698 (Mobile) 07 280 3587 (Home)

Website:

Service Offered: Phone / Clinic / Home

Cost Service: \$60.00 plus travel costs

Working Hours: 7 days. 8am-5pm

Sheridan Till

Area Covered: Waikato

Phone: 021 179 0862 (Mobile) 07 839 6773 (Home)

Website:

Service Offered: Home visits

Cost Service: \$60.00 plus travel costs

Working Hours: Monday - Friday 9.30am – 4.00 pm

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Bay of Plenty

Trudy Hart

Area Covered: Bay of Plenty

Phone: 021 025 66491 (Mobile) 07 549 5644 (Work)

Website:

Service Offered: Private / Phone / Clinic / Home visits

Cost Service: As appropriate to input, around \$50/consultation

Working Hours: 24 / 7

Karen Palmer

Area Covered: Tauranga & Surrounding area

Phone: 027 771 1759 (Mobile) 07 579 8095 (Work)

Website:

Service Offered: Clinic / Phone consults

Cost Service: Free – Publicly funded

Working Hours: Monday-Friday 9am-5pm

Shauna Walters

Area Covered:

Phone: 021 508368 (Mobile) 07 570 6106 (Work) 07 544 6940 (Home)

Website:

Service Offered:

Cost Service:

Working Hours:

Hawkes Bay / Manawatu

Liz Banks

Area Covered: Hawkes Bay

Phone: 027 769 1602 (Mobile) 06 878 8109 (Work)

Website:

Service Offered: Employed Phone / Clinic Visits

Cost Service: Free

Working Hours: 8.30am - 4.30pm

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Petra Samland

Area Covered: Manawatu

Phone: 027 355 3222 (Mobile)

Website: www.panaceahealth.co.nz

Service Offered: Full Lactation services, Antenatal & Postnatal. Phone Home visits & Clinic

Cost Service: Negotiable

Working Hours: Flexible

Ann Johnson

Area Covered: Central Hawkes Bay

Phone: 027 279 6204 (Mobile) 06 857 3844 (Home)

Website:

Service Offered: Home / Phone Consults

Cost Service: Free

Working Hours: Monday - Friday 8am - 8pm

Jaqueline Nutt

Area Covered: Mid Central DHB

Phone: 022 528 2466 (Mobile) 06 354 5455 (Work)

Website: www.communitybirthservices.org.nz

Service Offered: Phone, clinic, home visits

Cost Service: Free

Working Hours: Mon - Friday 9am to 4pm

Hawkes Bay

De Nicholls

Area Covered: Hawkes Bay

Phone: 027 47 13320 (Mobile) 06 8788190 ext 6099 (Work)

Website:

Service Offered:

Cost Service:

Working Hours:

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Helen Upex

Area Covered: Wairoa area
Phone: 0276 306075 (Mobile) 06 838 9701 (Home)
Website:
Service Offered: Clinic Visits
Cost Service: none
Working Hours: Negotiable / by arrangement

Jackie Wheeler

Area Covered: Manawatu
Phone: 027 368 5222 (Mobile) 027 368 5222 (Work) 06 3580189 (Home)
Website: www.breastfeedingmanawatu.com
Service Offered: Clinic & Home visits / Phone consults
Cost Service: \$70 initial appointment & \$40 follow-up
Working Hours: Anytime

Taranaki

Julie Foley

Area Covered: Taranaki
Phone: 027 704 5497 (Mobile) 06 759 4064 (Work)
Website:
Service Offered: Clinic visits / Home visits / Phone consults
Cost Service: Free
Working Hours: Monday - Friday Business hours

Anne Cullen

Area Covered: Taranaki
Phone: 027 545 7761 (Mobile)
Website: www.thenurturecentre.nz
Service Offered: Home Visits & Phone consults
Cost Service: \$85 initial visit, \$30 subsequent visits
Working Hours: Mon-Frid 9-3pm or by arrangement

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Debbie Wright

Area Covered: Taranaki
Phone: 027 310 3664 (Mobile) 06 7536139 x 8750 (Work)
Website:
Service Offered: Phone Consults & clinic visits
Cost Service: Free
Working Hours: Mon – Thurs 07 – 1530

Wanganui

Margaret Colway

Area Covered: Wanganui
Phone: 021 246 8302 (Mobile) 06 348 3253 (Work)
Website:
Service Offered: Clinic visits & phone consults
Cost Service: Free
Working Hours: Monday - Friday 8am – 4:30pm. Clinics Mon 1- 4pm & Thurs 10:30am – 1pm.

Wellington / Wairarapa

Mary-Clare McCarthy

Area Covered: Wellington / Hutt & Kapiti
Phone: 021 973 129 (Mobile)
Website: www.breastfeed.co.nz
Service Offered: Private / Home visits
Cost Service: Contact Mary for charges
Working Hours: Monday - Friday 8:30am - 5.30pm

Yvonne Stuart

Area Covered: Wairarapa
Phone: 027 253 6087 (Mobile) 06 377 1961 (Home)
Website:
Service Offered:
Cost Service: Not Stated
Working Hours: Monday & Thursday 9sm – 5pm

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Cheryl Ganly-Lewis

Area Covered: Greater Wellington & Hutt
Phone: 021 386 937 (Mobile)
Website: www.naturalbreastfeeding.co.nz
Service Offered: Home visits / Clinic Visits
Cost Service: Negotiable
Working Hours: Negotiable / by arrangement

Nelson / Marlborough

Celia Butler

Area Covered: Tasman
Phone: 021 185 2075 (Mobile)
Website:
Service Offered: Phone
Cost Service:
Working Hours: Anytime

Debbie Fisher

Area Covered: Nelson / Tasman
Phone: 021 053 3600 (Mobile) 03 544 9876 (Home)
Website:
Service Offered: Home / Phone Consults
Cost Service: \$45 per hour
Working Hours: On enquiry

Debra Hardcastle

Area Covered: Nelson / Tasman
Phone: 022 326 3146 (Mobile)
Website: DebraHardcastle.nz
Service Offered: Home visits
Cost Service: \$80 consultation (plus travel time where applicable)
Working Hours: by arrangement

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Jackie Martin

Area Covered: Marlborough

Phone: 027 351 6608 (Mobile)

Website:

Service Offered: Phone / Clinic / Home

Cost Service:

Working Hours: Ring to arrange

West Coast

Raewyn Johnson

Area Covered: Westcoast

Phone: 027 288 0269 (Mobile) 027 288 0269 (Work)

Website:

Service Offered: Phone / Clinic / Home

Cost Service: Free

Working Hours: Monday-Thursday

Canterbury

Pauline Hole

Area Covered: South / Mid Canterbury / North Otago

Phone: 021 357 023 (Mobile) 03 615 8357 (Home)

Website:

Service Offered: Private / Public Clinic / Phone / Home Visits

Cost Service: No cost

Working Hours: Anytime

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Otago

Stefanie Kalmakoff

Area Covered: Dunedin

Phone: 027 330 5503 (Mobile)

Website:

Service Offered: Phone consults

Cost Service: Enquires

Working Hours: Enquire

Carrie van Rij

Area Covered: Dunedin

Phone: 021 02181144 (Mobile)

Website: www.nourishbaby.co.nz

Service Offered: Home visits

Cost Service: \$100 first hour \$60/hour thereafter

Working Hours: Phone to arrange

Donna Dalzell

Area Covered: Dunedin

Phone: 027 2437 350 (Mobile)

Website:

Service Offered:

Cost Service: \$80 initial consult \$50 follow up appts.

Working Hours: On enquiry

South Otago

Maria McCaw

Area Covered: South Otago

Phone: 027 221 5117 (Mobile) 027 221 5117 (Work) 03 417 7198 (Home)

Website:

Service Offered: Home visits / Phone Consultations

Cost Service: Subsidised maximum \$30

Working Hours: As arranged at time of contact