

# NEW ZEALAND LACTATION CONSULTANTS ASSOCIATION

## DIRECTORY OF LACTATION CONSULTANTS

If there are no listings for your area please phone us on (0800) 452 282



### Northland

### Auckland

#### **Alix Bradley**

Area Covered: Rodney and North Shore Auckland

Phone: 021 028 32453 (Work)

Website:

Service Offered: Home Visits - Lactation and new born care

Cost Service: To be determined

Working Hours: Afternoons

#### **Barbara Brinsdon**

Area Covered: North of North Shore, Hibiscus Coast to Stanmore Bay

Phone: 021 629 400 (Mobile) 09 473 0294 (Work)

Website: [www.motherwise.co.nz](http://www.motherwise.co.nz) or [www.weitimidwives.co.nz](http://www.weitimidwives.co.nz)

Service Offered: Phone, Online, Home and Clinic visits

Cost Service: \$80.00 for a 1 hour consult

Working Hours: Mon - Fri 9.00 to 4.00 as available

#### **Barbara Fletcher**

Area Covered: South Auckland

Phone: 021 897 623 (Work)

Website:

Service Offered: Home Visits,

Cost Service: Free

Working Hours: Mon, Tues Thurs Friday

#### **Barbara Taunton -Clark**

Area Covered: Auckland Central

Phone: 021 262 4074 (Mobile)

Website:

Service Offered:

Cost Service:

Working Hours:

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### **Trish Ebery (Warder)**

Area Covered: Auckland wide

Phone: 021 445 121 (Mobile) 021 445 121 (Work)

Website: [www.breastfeedingsupport.co.nz](http://www.breastfeedingsupport.co.nz)

Service Offered: Clinic and home visits. Other support with sleep, settling. Breast pump hire & purchase. Available as post birth midwife

Cost Service:

Working Hours: Mon-Sun 8am-6pm

### **Val Furness**

Area Covered: Howick, Flatbush, Whitford, Beachlands, Maraetai

Phone: 027 393 4999 (Mobile) 09 534 6063 (Work) 09 536 8766 (Home)

Website:

Service Offered: Phone consultations, Home and clinic visits

Cost Service: Negotiable

Working Hours: Tues, Wed, Thur and occasional Saturdays

### **Claire Hotchin**

Area Covered: Eastern Bays

Phone: 09 575 1304 (Work)

Website:

Service Offered: Private Practice / Home visits

Cost Service: \$125.00 per visit

Working Hours: Very variable availability. Mon-Fri business hours

### **Yvonne LeFort**

Area Covered: Greater Auckland or throughout New Zealand on request

Phone:

Website:

Service Offered: Tongue tie assessment treatment and any breastfeeding problems, any age

Cost Service: \$175

Working Hours: Most days

### **Cathy McCormick**

Area Covered: Central and West Auckland

Phone: 021 337 949 (Home)

Website: [www.holisticbaby.co.nz](http://www.holisticbaby.co.nz)

Service Offered: phone consult, clinic and home visits

Cost Service: \$80 clinic visit, \$150 Home Visit

Working Hours: Flexible

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### **Robyn McMillan**

Area Covered:

Phone: 027 482 0564 (Mobile)

Website:

Service Offered: Phone consults

Cost Service:

Working Hours: Anytime

### **Gerry (Geraldine) Smith**

Area Covered: Auckland

Phone: 021 022 47442 (Mobile)

Website:

Service Offered: Clinic and Home Visits

Cost Service:

Working Hours: As required

### **Theresa Yaroshevich**

Area Covered: North Shore, Hibiscus Coast, Rodney

Phone: 021 944 373 (Mobile)

Website: [www.facebook.com/theresa.ibclc](http://www.facebook.com/theresa.ibclc)

Service Offered: Home Visits

Cost Service: \$120.00

Working Hours: Call for current availability

### **Sandica Zorzoliu**

Area Covered: Howick, Botany, Pakuranga, Cockle Bay, Flat Bush

Phone: 021 1269921 (Mobile) 09 535 4952 (Work)

Website:

Service Offered: Home Visits & Phone

Cost Service: \$50

Working Hours: Negotiable

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### Waikato

#### **Kristina Maconaghie**

Area Covered: Taupo (surrounding districts by arrangement)

Phone: 021 237 3192 (Home)

Website: [fb.me/yourlactationconsultant](https://fb.me/yourlactationconsultant)

Service Offered: Home visits for Breastfeeding or baby consultation: Antenatal feeding and support plan.

Cost Service: \$59

Working Hours: Mon, Wed, Friday 9.am -2.30 pm

#### **Wendy Pennell**

Area Covered: Hauraki District, Thames

Phone: 022 087 9698 (Mobile)

Website:

Service Offered: Phone / Clinic / Home

Cost Service: \$60.00 plus travel costs

Working Hours: Mon - Sat 8.30am - 5.30pm

#### **Chelsie Robertson**

Area Covered: Taupo / Turangi

Phone: 027 405 8278 (Work)

Website:

Service Offered: Phone, Clinic & Home Visits

Cost Service: Free

Working Hours: Mon - Fri 8am -4pm

#### **Sheridan Till**

Area Covered: Hamilton

Phone: 021 179 0862 (Work) 07 839 6773 (Home)

Website:

Service Offered: Home visits

Cost Service: \$80.00 plus travel costs including one follow up phone call. \$50 follow up visit

Working Hours: 7 days 9am-5pm

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### **Amy Wray**

Area Covered:

Phone: 027 4058191 (Mobile) 021 1300293 (Home)

Website:

Service Offered: Phone, clinic and home visits

Cost Service: Free

Working Hours: Mon - Fri 9am - 5pm

## Bay of Plenty

### **Kathryn Boyd**

Area Covered: Eastern BoP

Phone: 021 556 033 (Mobile)

Website:

Service Offered: Phone, online, Home visits

Cost Service: Varies according to Consultation

Working Hours: Mon-Fri 8am - 4pm. Ph. Consults only in weekends.

### **Trudy Hart**

Area Covered: Bay of Plenty

Phone: 021 025 66491 (Mobile) 07 549 5644 (Work)

Website:

Service Offered: Private / Phone / Clinic / Home visits. Lactation and parenting information and support. TT a speciality.

Cost Service: As appropriate to input, around \$50/consultation

Working Hours: 24 / 7

### **Karen Palmer**

Area Covered: Western Bay of Plenty

Phone: 027 2437 897 (Work)

Website:

Service Offered: Phone online, clinic, Home visits

Cost Service: Free

Working Hours: Mon-Thurs

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### **Shauna Walters**

Area Covered: Bay of Plenty

Phone: 021 508 368 (Mobile) 07 570 6106 (Home)

Website:

Service Offered: phone, online and clinic visits

Cost Service:

Working Hours: Mon-Fri 9am-4pm Phone consults any time.

### **Sue Wells**

Area Covered: Rotorua

Phone: 027 274 4006 (Mobile)

Website:

Service Offered: Home visits, Lactation, Introduction solids, sleep.

Cost Service: \$100 initial visit, \$75 follow up

Working Hours: Any time

## Hawkes Bay

### **Liz Banks**

Area Covered: Hawkes Bay

Phone: 027 769 1602 (Mobile) 06 878 8109 ext6016 (Work)

Website:

Service Offered: Employed Phone / Clinic Visits

Cost Service: Free

Working Hours: 8.30am - 4.30pm

### **De Nicholls**

Area Covered: Hawkes Bay

Phone: 027 471 3320 (Mobile)

Website:

Service Offered: Home visits, clinic option from mid 2017

Cost Service: \$95 an hour for initial consult. \$80 an hour follow up, Travel cost may occur if over 25 km.

Working Hours: Monday - Friday 8.00 - 6pm

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### Taranaki

#### **Julie Fowley**

Area Covered: Taranaki

Phone: 027 704 5497 (Work) 06 759 4064 (Home)

Website: [www.tuiora.co.nz/Services/Pepe/Breastfeeding-Community-Support-Services-Tiaki-Ukaipo](http://www.tuiora.co.nz/Services/Pepe/Breastfeeding-Community-Support-Services-Tiaki-Ukaipo)

Service Offered: Phone, clinic and home visits

Cost Service: Free

Working Hours: Mon-Fri 8.30 am to 5pm

### Manawatu

#### **Petra Samland**

Area Covered: Manawatu

Phone: 027 355 3222 (Mobile)

Website: [www.panaceahealth.co.nz](http://www.panaceahealth.co.nz)

Service Offered: Full Lactation services, Antenatal & Postnatal. Phone Home visits & Clinic

Cost Service: Negotiable

Working Hours: Flexible

### Whanganui

#### **Margaret Colway**

Area Covered: Wanganui

Phone: 021 246 8302 (Mobile) 06 248 3253 (Work)

Website:

Service Offered: Clinic visits & phone consults

Cost Service: Free

Working Hours: Clinics Mon 1 -4pm and Thurs 10am -1 pm Other times subject to availability.

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### Wellington / Wairarapa

#### **Cherry-Anne Lee**

Area Covered: Tararua District, Dannevirke, Akitio, Woodville, Pahiatua, Pongaroa, Eketahuna

Phone: 027 848 7600 (Mobile) 06 3743448 (Home)

Website: [www.tbam.co.nz](http://www.tbam.co.nz)

Service Offered: Home, phone, Clinic AN &PN education and treatment.

Cost Service: \$115/hr, including one follow up phone consultation. Travel costs if outside Dannevirke to Akitio

Working Hours: Mon & Tues 9.30-2.30, Fri 9.30 - 2pm Ph Mon to Fri 9am to 5pm

#### **Mary-Clare McCarthy**

Area Covered: Wellington & Hutt Valley

Phone: 021 973 129 (Mobile)

Website: [www.breastfeed.co.nz](http://www.breastfeed.co.nz)

Service Offered: Home visits

Cost Service: Enquire

### Tasman

#### **Celia Butler**

Area Covered: Tasman

Phone: 021 185 2075 (Mobile) 03 5259093 (Home)

Website:

Service Offered: Phone, Home visits

Cost Service: Free

Working Hours: Anytime. May or may not be available

### Nelson / Marlborough

#### **Debra Hardcastle**

Area Covered: Nelson & Tasman Region

Phone: 022 326 3146 (Work)

Website: [www.debrahardcastle.nz](http://www.debrahardcastle.nz)

Service Offered: clinic, Home visits and phone consults. Antenatal consults and Bf support and advice

Cost Service: See website for details

Working Hours: Flexible



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### Canterbury

#### **Pauline Hole**

Area Covered: South Canterbury

Phone: 021 357 023 (Mobile) 03 615 8357 (Home)

Website:

Service Offered: Private / Public Clinic / Phone / Home Visits

Cost Service: Free

Working Hours: Anytime

### West Coast

#### **Raewyn Johnson**

Area Covered: Westcoast

Phone: 027 288 0269 (Mobile) 027 288 0269 (Work)

Website:

Service Offered: Phone / Clinic / Home

Cost Service: Free

Working Hours: Mainly Mon& Tues but any time

### Otago

#### **Donna Dalzell**

Area Covered: Dunedin

Phone: 027 2437 350 (Mobile) 027 243 7350 (Work) 03 454 2030 (Home)

Website:

Service Offered: Home Visits

Cost Service: \$80 initial consult, \$50 follow up appts.

Working Hours: On enquiry

#### **Stefanie Kalmakoff**

Area Covered: Dunedin

Phone: 027 330 5503 (Mobile)

Website:

Service Offered: Phone consults, clinic visits

Cost Service:

Working Hours:

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### **Maria McCaw**

Area Covered: South Otago

Phone: 027 221 5117 (Mobile) 03 417 7198 (Home)

Website:

Service Offered: Phone and home visits

Cost Service: Varies according to location \$50 - \$70

Working Hours: negotiable

### **Wendy Byrne**

Area Covered: Central Otago

Phone: 027 632 6352 (Mobile)

Website:

Service Offered: Phone, home visits

Cost Service:

Working Hours: As needed